

# Quality of Life in the Queen City



Regina is one of Canada's fastest growing cities. Striking the perfect balance of city life and close-community feel, Regina has a high standard of living that is welcoming to anyone and everyone. It's in our prairie nature!



## Living in Regina

While 66% of households live in single-detached homes in Regina, there is ample opportunity and housing to fit your or your family's housing needs. With Regina expanding in size and population, the city has been introducing new housing developments to keep up with growth.

Want to get a sense of Regina's neighbourhoods? Visit the City of Regina's Neighbourhood Profiles page to see which neighbourhood best fits your lifestyle!

[Neighbourhood Profiles](#)

### The Facts:

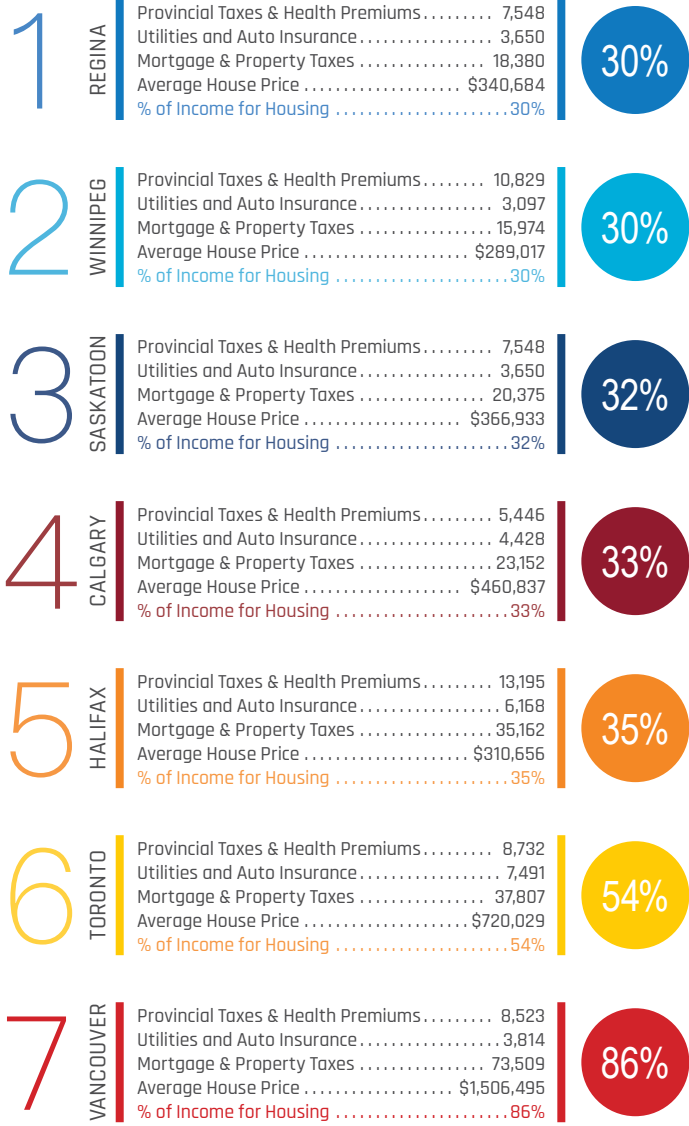
- ✓ Regina became a city in 1903 and is the capital city of Saskatchewan
- ✓ It is the 16th largest city in Canada
- ✓ Regina's population in 2019 is 236,481—and growing
- ✓ The city covers an area of 118.4 square kilometers
- ✓ It is located in the south-central area of Saskatchewan, on Treaty 4 Territory

## Who is a Reginan?

- Regina's population is very evenly distributed across all ages and walks of life. The average age of the population is 38.
- Regina is an educated city. Over half of the population holds a post-secondary degree, diploma, or certificate.
- 17% of Regina residents are immigrants, while 44.5% of those immigrants moved to Regina between 2011-2016.
- English is the primary language spoken in Regina, but there are strong French communities in the city.
- The typical Reginan is very community-minded, involved, family-oriented and hardworking. Oh, and did we mention we're huge sports fans?

### Cost of Living

Regina is a great place to call home—and an easy city to live in. Our cost of living is more affordable than many other major Canadian cities.



Saskatchewan has both a GST + PST tax at 11%, which is the fifth lowest tax rate in Canada.

For more detailed information on the cost of living in Regina, including things like transportation and food costs, see Saskatchewan's Consumer Price Index.

[Saskatchewan's Consumer Price Index](#)



### Getting Around

Regina is known for being a driving city, but public transit is widely available. A large percentage of Regina residents commute to work in a vehicle, or as a passenger in a vehicle (88.3%), while 5.5% regularly take public transit.

The Regina Transit system offers accessible fixed routes to all corners of the city, with an adult transit fair of \$3.25 per trip, and a variety of passes available.

- [Schedules and Routes](#)
- [General Information](#)

Students enrolled in the University of Regina can enjoy the Universal Bus Pass (U-Pass)—a highly-subsidized semester by semester student transit pass.

Regina also has many taxi companies and Uber, plus neighbourhoods and the downtown core are highly walkable.

