

# The Regina Lifestyle



The Greater Regina Area (GRA) holds some of the best opportunities for a high quality of life in Saskatchewan. The communities of the GRA offer incredible natural beauty, a high standard of living, and a diversity of lifestyle choices that will enrich the life of anyone new to the province!

Regina and the surrounding area is made up of many great neighbourhoods. Whether you're looking for a quiet suburb to raise a family or a lively urban atmosphere, we've got you covered.



**To sum it up—you really can have it all when you live Regina.**

## Family Life

Regina is a fabulous place to raise a family. The large majority of the city features quiet and safe residential areas that are close to elementary schools, amenities, parks and community centres.

With ample sports programs and activities for kids of all ages to join—and only a 20-minute drive to any activity within the city—it sets the right building blocks in place to a relaxed, positive living experience for the entire family.



## City Beauty

Regina's Wascana Lake was created in 1912 and has been the fixture of Regina city life ever since. The 4k trail around the lake is enjoyed by all ages, any time of the year.

At 930 hectares (9.3 square kilometres) Wascana Park is bigger than Stanley Park in Vancouver and Central Park in New York combined!

Reginans are always fond of spending time around Wascana no matter the season—either for an evening stroll, a morning run, to admire the beautiful Legislative building, go skiing, have a family barbecue at the many picnic spots, or simply to pass the time in nature.



## Super Fans

One thing Regina is known for is its fans and rallying around sporting events. We love cheering!

Our beautiful new Mosaic Stadium is always filled with green and white during every Saskatchewan Roughriders game—and so are the streets after a big win. You'll feel the contagious energy in the city any time there is a game. That energy is a big part of what brings the city together. You'll always know when it's gameday!



## Downtown Living

People of all walks of life are settling around Regina's downtown core. You can always find a charming apartment or condo right in the middle of it all.

Regina's downtown has been buzzing over the past few years, and has grown into a vibrant centre for entertainment, dining, and nightlife.

Within a few square blocks, you can cover some serious cultural ground and experience Regina's best offerings. Sit down for a meal at a top Canadian restaurant, catch a show at the downtown theatre, and cap off the night with a pint in a cozy local pub.

Regina's downtown always has something going on. The City Square Plaza, right in the heart of the city, lights up in the summertime with outdoor film screenings, salsa nights, live music and a twice weekly farmers' market. We don't stop even in the winter, with activities like ice skating and Restaurant Week to keep things lively when the temperature drops. All of these events help to make you feel connected with your community.

Check out the Regina Downtown Business Improvement District (RDBID) to see which fun events are coming up next:

[reginadowntown.ca](http://reginadowntown.ca)



## Arts and Culture

You'd be hard-pressed to find a week in Regina where there isn't a live performance, art opening or concert lined up. Our art galleries, both big and small, are full of international and local talent, and our local music scene is very active. From indoor shows at classic Regina venues to huge concerts in our major parks, you can enjoy the arts all year round.



## Lake Life

From city to lake life in 60 minutes—you can have the best of both worlds. The historic and serene Qu'Appelle Valley is one example of the unparalleled lifestyle choices waiting for you in the area—lake living at its finest.

The valley's resort villages and communities offer a laid-back lifestyle within an easy and quick commute to Regina's urban centre—a commute that is not available anywhere else in Western Canada. The variety and choice offered by our towns and resort villages is a true 'best kept secret' of what Saskatchewan has to offer.



## Small Town Living in Surrounding Communities

The small towns of the Greater Regina Area are also great places to raise children or live a quieter life. The safety, security, recreation and community services available in our towns make them an increasingly attractive alternative to big city suburbs. Our communities offer full health care services, K-12 schools, local RCMP detachments, dream homes, large lot yards without the big city price tag, full recreation and cultural opportunities, and more. Maintain the small-town lifestyle with a mere 30-minute commute into the city!

**White City** - is a quiet community located ten minutes east of Regina. Although White City continues to grow, the community works hard to maintain a friendly, safe and affordable environment for all.

[Learn More](#)

**Pilot Butte** - is located eleven kilometers east of Regina. It has a quiet country ambience, many recreation programs, an excellent school and is in close proximity to big city amenities.

[Learn More](#)

**Balgonie** - The Town of Balgonie is a long-established town full of pride with a rich social and community life. Located 25 km east of Regina on the Number 1 Highway, the community has been growing steadily for the past number of years in both residents and businesses. Balgonie is home to the largest rural high school and longest running outdoor swimming pool in the province.

[Learn More](#)

**Edenwold** - The Rural Municipality of Edenwold is a diversified and rapidly growing rural municipality situated in the beautiful countryside. The municipality comprises a wide range of agricultural, residential and commercial developments, including several outdoor recreational facilities. The RM is home to the quaint village of Edenwold, as well as the prestigious Emerald Park community and Aspen Village Golf & Country Club.

[Learn More](#)